

## 会议日程

2021.10.15

THEME: Go Easy With Menopause, Guard Your Health  
APMF 2021 TENTATIVE PROGRAMME

## Registration Day - October 14 ( Thu. )

13:30-21:00	Registration
18:00-20:00	APMF Council Members Meeting ( Virtual )
19:00-21:00	Zhejiang Menopause Group Symposia

## DAY 1 - October 15 ( Fri. )

07:30-08:00	<b>Registration</b> Opening Ceremonies Chairmen: Dr. YU Qi Dr. ZHANG Zhifen ( 郁 琦 教授 张治芬 教授 )
08:00-08:20	<b>National Anthem</b> Welcome Address Dr. HUANG Zhengming ( 黄正明 会长 ) Welcome Address Dr. LANG Jinghe ( 朗景和 院士 ) Opening of the Congress Dr. YU Qi ( 郁 琦 教授 )
08:20-09:40	<b>CHALLENGES IN THE MANAGEMENT OF MENOPAUSE DURING THE PANDEMIC</b> Australia Dr. Sonia Davison China Dr. YU Qi India Dr. Atul Munshi Indonesia Dr. Muhammad Fidel Ganis Siregar Japan Dr. Masakazu Terauchi Malaysia Dr. Ng Beng Kwang Mongolia Dr. Enkhee Sodnomdorj Pakistan Dr. Rubina Hussain Philippines Dr. Maria Corazon Zaida N. Gamilla South Korea Dr. LEE Dayong Sri Lanka Dr. Mangala Dissanayake Taiwan, China Dr. LAN Kuo Chung Thailand Dr. Kitirat Techatraisak

09:40-09:50	Group Photo
09:50-10:00	Coffee Break

## Keynote Address

10:00-10:30	Endometrial Safety with Different Regimens of Progestogens, Prof. Dr. Rodney John Baber, Australia
10:30-11:00	WHI: Where are We Now 20 Years On, Dr. Susan Davis, Australia
11:00-11:30	Menopause Symptoms, East vs. West, Dr. YU Qi, China

## Industry - Symposium 1

11:30-12:00	Industry Symposium: Abbott 雅培 Chair: Dr. YU Qi The Choice Of Progestogen - To Balance The Safety Of Endometrium And The Risk Of Breast Cancer 孕激素的选择——子宫内膜安全性与乳腺癌风险间的平衡 Dr. CHEN Rong
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## Lunch Break

## Industry - Symposium 2

12:25-13:00	Industry Symposium: ORGANON 欧加隆 Chair: TBD 绝经后女性MHT 治疗优选药物 Dr. YU Qi
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13:00-13:30	Industry - Symposium: Yangtze River 扬子江 Chair: Dr. CHEN Rong Emotional disorders in menopausal women- concerns and challenges 更年期情绪障碍的诊疗 Dr. YU Qi
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Chairmen: Dr. WANG Shixuan Dr. HUI Ying ( 王世宣 教授 惠 英 教授 )

## Plenary Symposium 1: Musculoskeletal Health &amp; Menopause Management

13:30-14:00	New Understanding in Prevention and Treatment of Osteoporosis in Postmenopausal Women, Dr. XU Ling, China 徐 苓 教授, 绝经后妇女骨质疏松防治新思考
14:00-14:30	Development of menopause management in Zhejiang Province, Dr. ZHANG Zhifen, China 张治芬 教授, 绝经管理在浙江省的发展

## Plenary Symposium 2: Features of National Menopause Guidelines for countries in the Asia Pacific Region

14:30-15:00	Features of National Menopause Guidelines in China, Dr. CHEN Rong, China 中国
15:00-15:30	Features of National Menopause Guidelines in Indonesia, Dr. Muhammad Fidel Ganis Siregar, Indonesia 印度尼西亚
15:30-16:00	Features of National Menopause Guidelines in Japan, Dr. Masakazu Terauchi, Japan 日本
16:00-16:30	Features of National Menopause Guidelines in Malaysia, Dr. Ng Beng Kwang, Malaysia 马来西亚
16:30-17:00	Features of National Menopause Guidelines in Pakistan, Dr. Sumbul Sohail, Pakistan 巴基斯坦
17:00-17:30	Features of National Menopause Guidelines in Philippines, Dr. Ma. Corazon Zaida N. Gamilla, Philippines 菲律宾
17:30-18:00	Features of National Menopause Guidelines in South Korea, Dr. LEE Dong-Ock, South Korea 韩国
18:00-19:00	Welcome Reception
19:00-21:00	CLIMACTERIC ( Chinese version) Editorial Board Meeting

## 会议日程

2021.10.16 分会场1

THEME: Go Easy With Menopause, Guard Your Health  
APMF 2021 TENTATIVE PROGRAMME

DAY 2 - October 16 ( Sat)

Venue 1 Chairmen: Dr. HUANG Jian Dr. JIN Xuejing  
(黄坚教授 金雪静教授)

## Simultaneous Sessions ( SS )

## SS 1 Gynecology

- 08:00-08:20 Chinese expert consensus on the diagnosis and treatment of vulvar lichen sclerosis, Dr. WANG Huilan, China  
王惠兰教授, 女性外阴硬化苔藓诊治专家共识
- 08:20-08:40 The Diagnosis and Management of Endometrial Thickness in Postmenopausal Women, Dr. MU Yu-lan, China  
穆玉兰教授, 绝经后子宫内膜厚度的诊治探讨
- 08:40-09:00 Abnormal Uterine Bleeding (AUB) Diagnosis and Treatment of Related Issues, Dr. TANG Liangdan, China  
唐良荃教授, 异常子宫出血 (AUB) 诊治相关问题
- 09:00-09:20 Perimenopausal and Postmenopausal Endometriosis, Dr. REN Mulan, China  
任慕兰教授, 围绝经期和绝经后子宫内膜异位症

## SS 3 MHT

- 09:20-09:40 Otosclerosis Analysis of Contraindications to MHT, Dr. SHU Kuanyong, China  
舒宽勇教授, MHT之禁忌耳硬化症的解析
- 09:40-10:00 Individualization of Menopausal Hormone Therapy, Dr. XIE Meiqing, China  
谢梅青教授, 绝经期性激素治疗的个体化
- 10:00-10:20 The Application of Perimenopausal Contraceptives, Dr. LEI Xiaomin, China  
雷小敏教授, 围绝经期避孕药的应用
- 10:20-10:30 Coffee Break

## Industry - Symposium 3

- 10:30-11:05 Industry Symposium: ORGANON 欧加隆  
The Cornerstone of Anti-Osteoporosis Therapy 抗骨质疏松症治疗的基石之道  
Dr. XU Ling

## Oral Presentation 1

- 11:05-12:00
1. Vasomotor Symptoms and Osteoporosis in Perimenopausal and Early Postmenopausal Women, FU Shuxin, MD, China 符书馨教授
  2. Study on the Mechanism of Hypothalamic Preoptic Area Dysfunction Induced by Low Estrogen Leading to Menopausal Hot Flashes, SUN Yanrong, MD, China 孙艳荣
  3. Clinical Analysis of 200 Cases of Amenorrhea Patients Bing Late Menopause Transition Period with Progesterone Withdrawal Bleeding, GAO Fengxia, MD, China 高凤霞
  4. Association Between Menopausal Hormone Therapy and Health Outcomes a Systematic Review and Meta-analysis, WU Yanjing, MD, China 吴燕菁
  5. Different effect of low dose and ultra-low dose hormone therapy on glycolipid metabolism in perimenopausal women, BAO Xiao-Yan, MD, China 包晓燕
  6. Inverse Association between Bone Mineral Density and Fibrinogen in Peri and Postmenopausal Women, CHEN Yijie, China 陈怡洁
  7. Menopause-Specific Quality of Life During Ovarian Aging Among Chinese Women: A Prospective Cohort Study, TANG Ruiyi, MD, China 唐瑞怡
  8. Therapeutic effects of human follicular fluid-derived exosomes on chemotherapy-associated ovarian damage, CHEN Ying, MD, China 陈颖

## 12:00-13:00 Lunch Break

## Industry - Symposium 4

- 13:00-13:30 Industry Symposium: 森世海亚  
Chair: Dr. TAO Minfang  
Remifemin: New option for menopausal symptoms 莉芙敏“非激素”治疗围绝经期症状新选择  
Dr. LIN Feng 林凤教授

Venue 1 Chairmen: Dr. REN Mulan WU Jie  
(任慕兰教授 吴洁教授)

## SS 5 MDT

- 13:30-13:50 Clinical Significance Of Multi-Disciplinary Team (MDT) in Diagnosis And Treatment of Climacteric Syndrome, Dr. ZHANG Xueyu, China  
张雪玉教授, MDT在更年期综合征诊治中的临床意义
- 13:50-14:10 Sharing of Perimenopausal MDT Continuous Management Mode Based On "One-Day Outpatient", Dr. YU Lili, China  
俞丽丽教授, 基于“一日门诊”围绝经期MDT持续管理模式分享

## SS 7 Brain and Mental Disorders

- 14:10-14:30 Sleep Disorders in Peri—Post Menopausal Women, Dr. TAO Minfang, China  
陶敏芳教授, (围)绝经期睡眠障碍的管理
- 14:30-14:50 Emotional and Cognitive Disorders in Menopause Management, Dr. LUO Min, China  
罗敏教授, 绝经健康管理中的情绪和认知问题
- 14:50-15:00 Coffee Break

## Sri Lanka Menopause Society Symposia

- 15:00-15:20 Metabolic Syndrome, Dr. Sanath Lanerolle
- 15:20-15:40 Ischemic Heart Disease in South Asian Women, Dr. M D P Gooneratne
- 15:40-16:00 Life Cycle approach for the management of NCD, Prof. Piyusha Atapattu

## Oral Presentation 2

- 16:00-15:00
1. Estrogen Therapy before Hysteroscopic Alters the Cell Proliferation by Promoting the PPP Metabolism, ZHENG Yingxin, MD, China 郑颖馨
  2. Association of HCV, CRP, Lipid Level, and Sleep Quality in Perimenopausal and Postmenopausal Women, ZHANG Hongyan, MD, China 张红艳
  3. Ovarian tissue transplantation to rescue ovarian function after rectal carcinoma treatment: case report, LIN xiaona, MD, China 林小娜
  4. Prediction Model Based on Ultrasonic Parameters of Three-Dimensional Power Doppler Scanning for Endometrial Cancer in Women with Postmenopausal Bleeding, WANG Li, MD, China 王丽
  5. 10. Differentiation of Granulosa Like Cell from IPSC: A New Light to Improve Ovarian Function of POI, Liu Xiaocheng, MD, China 刘晓程
  6. Assessment Menopausal Symptoms and Quality of Life in Women with Premature Ovarian Failure after Hematopoietic Stem-Cell Transplantation for Hematologic Diseases, SU Huina, MD, China 苏会娜
  7. A Combination of Bone Marrow Mesenchymal Stem Cells with Estrogen Improves Rabbit Endometrial Injury Repair by a Mechanism Involved in An Activation of Wnt/ $\beta$ -catenin, LIU Dan, MD, China 刘丹
  8. Study on the Ovarian Protection of GnRH $\alpha$  in Female Patients of Childbearing Age Underwent Hematopoietic Cell Transplantation, LI Huiling, MD, China 李慧玲
  9. Risk For Fall among Post Menopausal Women in Developed and Developing Countries: A Scoping Review, IlhamMandala Putra, MD, Indonesia

## 17:00-17:30 Welcome to Indonesia 印度尼西亚专场

## Oral Presentation 3

- 17:30-18:00
10. The Role of Soy Isoflavone in The Genitourinary Symptoms, Vaginal Maturation Index, and Female Sexual Function Index of Menopausal Women, Irwin Lamtota Lumbanraja, MD, Indonesia
  11. The Effect of Pittsburgh Sleep Quality Index (PSQI) Score on Administration Melatonin in Perimenopause Women, Dr. Muhammad Fidel Ganis Siregar, MD, Indonesia
  12. A single-center study of Screening sarcopenia through SARC-F-calf score in middle-aged and elderly women, LIU Zihan 刘梓含
  13. Endometrial Thickness Assessment and Clinical Significance of Thickened Endometrium in Asymptomatic Postmenopausal Women, HE Yongyan, MD, China 贺永艳
  14. Effect of Long Non-Coding RNA IGF2AS on Cognitive Decline in Ovariectomized Rats, WANG Yan, MD, China 王艳
  15. The Relationship between Regular Moderate-Intensity Exercise and Menopausal Symptoms in Peri-Postmenopausal Female—— a Single-Institution Study, ZHOU Yibei, MD, China 周伊贝
- 18:00-19:00 Dinner
- 19:00-21:00 Management of Perimenopausal Osteoporosis (Roche Workshop) 围绝经期骨质疏松管理研讨会

## 会议日程

2021.10.16 分会场2

THEME: Go Easy With Menopause, Guard Your Health  
APMF 2021 TENTATIVE PROGRAMME

DAY 2 - October 16 ( Sat.)

Venue 2 Chairmen: Dr. RUAN XiangYan Dr. BAI Wenpei  
(阮祥燕 教授 白文佩 教授)

## Simultaneous Sessions ( SS )

## SS 2 POI

08:00-08:20	Study on Ovarian Aging, Advances and Challenges, Dr. WANG Shixuan, China 王世宣 教授
08:20-08:40	Etiology and Diagnosis of Premature Ovarian Insufficiency, Dr. LI Peiling, China 李佩玲 教授, 早发性卵巢功能不全的病因及诊断
08:40-09:00	Early Diagnosis and Treatment of POI, Dr. LYU Shulan, China 吕淑兰 教授, 早发性卵巢功能不全的早诊早治
09:00-09:20	First Live Birth in China after Ovarian Tissue Cryopreservation and Transplantation for Prevent Iatrogenic POI, Dr. RUAN Xiangyan, China 阮祥燕 教授

## SS 4 MHT

09:20-09:40	The Evolution of Menopause Hormone Therapy, Dr. HO Choon Moy, Malaysia 马来西亚
09:40-10:00	Menopause And Hormonal Therapy: The Role Of Phytoestrogens As An Adjuvant Treatment For Menopausal Symptoms, Dr. Muhammad Fidel Ganis Siregar, Indonesia 印度尼西亚
10:00-10:20	Menopause Treatment: Recent Concerns and New Developments, Dr. HUANG Ko-En, Taiwan China
10:20-10:30	Coffee Break

## Industry - Symposium 4

10:30-11:00	Industry Symposium: GenSci金赛 Chair: Dr. YU Qi Application of Growth Hormone during Menopause生长激素在更年期抗衰中的应用 Dr. LYU Shulan吕淑兰 教授
11:00-11:30	Industry Symposium: Gedeon Richter吉瑞 Chair: Dr. YU Qi A New Choice Of MHT: Estradiol Transdermal Spray绝经激素治疗的新选择: 雌二醇透皮喷雾剂 Dr. WANG Yaping王亚平 教授
11:30-12:00	Industry Symposium : BESINS 博赞 Chair: Dr. YU Qi Progestogens and Progesterone: Risk Profiles and Dosage Regimens Dr. Nick Panay, UK
12:00-13:00	Lunch Break

## Industry - Symposium 4

13:00-13:30	Industry Symposium : SHANGHAI NEW HUALIAN新华联 Chair: Dr. YU Qi A estriol derivative originally developed and manufactured in China Dr. ZHANG Wei 张 炜 教授
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Venue 2 Chairmen: Dr. YANG Xin Dr. CAO Yuan  
(杨 欣 教授 曹 媛 教授)

## SS 6 Musculoskeletal Health

13:30-13:50	Diagnosis and Intervention of Sarcopenia, Dr. FANG Chaoying, China 方超英 教授, 肌少症的诊断与干预
13:50-14:10	MHT and Osteoporosis in Postmenopausal Korean Women, Dr. Byung-Koo Yoon, South Korea 韩国

## SS 8 Gynecology

14:10-14:30	Lower urinary tract symptoms and menopause, Dr. YANG Xin, China 杨 欣 教授
14:30-14:50	Comparative Study on the Therapeutic Effect of Different Drugs on GSM, Dr. DING Yan, China 丁 岩 教授, 不同药物对GSM的治疗效果对比研究
14:50-15:00	Coffee Break

## SS 9 MHT

15:00-15:20	How Can MHT be Optimised to Benefit Women With Relative Contraindications?, Dr. JIN Minjuan, China 金敏娟 教授, 如何应对绝经激素治疗中慎用情况
15:20-15:40	Menopausal Hormone Therapy : What's New? Dr. Jyothi Unni, India 印度
15:40-16:00	Optimal Dosage of Estrogen for MHT, Dr. Yung-Chieh Tsai, Taiwan, China

## SS 10 Women' s Health

16:00-16:20	PCOS, Midlife and Covid-19 A lethal Cocktail? Dr. Duru Shah, India 印度
16:20-16:40	Perimenopausal Skin Conditions, Dr. Ang Seng Bin, Singapore 新加坡
16:40-17:00	Quality of Life During Perimenopausal Stage, Dr. Batsuren Chojiamts, Mongolia 蒙古

## Indonesian Nights

17:00-18:00	Indonesian Nights
18:00-19:00	Dinner
19:00-21:00	Management of Perimenopausal Osteoporosis (Roche Workshop) 围绝经期骨质疏松管理研讨会

APMF

2021

ASIA PACIFIC MENOPAUSE FEDERATION  
THE 8<sup>TH</sup> SCIENTIFIC MEETING

第八届亚太绝经联盟 (APMF) 学术大会



# 会议日程

2021.10.17

THEME: Go Easy With Menopause, Guard Your Health  
APMF 2021 TENTATIVE PROGRAMME

DAY 3 - October 17 ( Sun.)

Chairmen: Dr. CHEN Rong Dr. ZHANG Shulan  
(陈蓉教授 张淑兰教授)

### Plenary Symposium 3: MHT & Oncology

08:00-08:30 The Treatment of Menopausal Symptoms after Cancer, Dr. Mary Ann Lumsden, UK 英国

08:30-09:00 Hereditary Gynecologic Cancer Syndromes and MHT, Dr. XU Chulin, China  
徐春琳 教授, 遗传性妇科肿瘤综合征与MHT

09:00-09:30 Cervical Cancer Screening in Perimenopausal and Menopausal Women, Dr. Wang Lin, China  
王琳 教授, 围绝经及绝经期妇女宫颈癌筛查问题探讨及管理

### Plenary Symposium 4: Health Lifestyle

09:30-09:40 Menopause Management – ARE WE STILL behind the curve?, Dr. CHUA Yang, Singapore 新加坡

09:40-10:00 Maintaining Wellness in Peri-menopause and Beyond, Dr. Kobchitt Limpaphayom, Thailand 泰国

### Plenary Symposium 5: MHT

10:00-10:30 Significance of Different Administration Routes of Estrogen In MHT, Dr. Huirong Shi, China  
史惠蓉 教授, MHT中雌激素不同给药途径的意义

### Plenary Symposium 6: Brain and Mental Disorders

10:30-11:00 Challenges in the management of emotional disturbance in peri-menopausal women, Dr. DI Wen, China  
狄文 教授, 围绝经期妇女情绪障碍管理面临的挑战

### Plenary Symposium 7: MDT

11:00-11:30 Multidisciplinary Intervention for Diminished Ovarian Reserve, Dr. ZHANG Xuehong, China  
张学红 教授, 卵巢储备功能不良的多学科干预

11:30-12:00 The Development of Climacteric Health Care Specialty in Fujian Provincial Maternity and Children's Hospital, Dr. LIN Yuan, China  
林元 教授, 福建省妇幼保健院更年期保健特色专科的发展历程

12:00 Closing Remarks

12:10-13:00 Lunch Time